Blaxland Health
**Phone:** 02 4739 6464  
**Address:** 8 Layton Avenue Blaxland 2774
Welcome to Blaxland Health, a multi-disciplinary health practice, providing • Clinical consultation in psychology, social work and musculoskeletal therapy • Group therapies • Health Professionals’ Training

Ebb & Flow Studio
**Phone:** 0404 507 685  
**Address:** 18 Bellevue Road Faulconbridge 2776
Art and Design Studio, Tai Chi Studio and all things Zen! Professional Art and Design Studio for K-6, YR6-12, Young Adults and Adults. Term Classes and Holiday Workshops. Tai Chi Studio with classes for beginners, advanced students and more... Kerry-Anne Knibbs Art: Qualified Fine Artist Qualified Graphic Designer Qualified Teacher NAVA Member and Insurance Creative Kids Provider Tai Chi and Zen Modalities: Qualified Tai Chi Instructor Reiki and Meditation Master Member IAHT and IITC and Insurance

Body Alignment Massage & Myotherapy
**Phone:** 0415 431 826  
**Address:** 30 First Avenue Katoomba 2780

Bright and Balanced Living
**Phone:** 0431 862 472  
**Address:** 3/22 Govetts Leap Road Blackheath 2785

Happy Buddha Retreats
**Phone:** (02) 8540 6513  
**Address:** 50 Railway Parade Wentworth Falls 2782

Joy Holistic Therapies
**Phone:** 0423187874  
**Address:** Springwood 2777

Mountains Pilates
**Phone:** 0401 477 679  
**Address:** LKM Dance Studio, 278b Macquarie Road Springwood 2777

Physiopoint Springwood
**Phone:** (02) 4751 4152  
**Address:** 1a Hawkesbury Road Springwood 2777

Tracyhardwickonline
**Phone:** 0401969606  
**Address:** Katoomba 2780