

FAQs

Why should I choose High and Wild?

Established in 1989 we have taken over 100,000 people on adventures ranging from a 3-hour abseil session to multi-day snow and ice climbing courses.

We are fully insured and licensed by National Parks and Blue Mountains City Council.

We are the only company to offer accommodation packages.

Where do I meet?

At our office located inside the Blue Mountains YHA. 207 Katoomba Street, Katoomba 2780. A 5-minute walk from Katoomba Train Station. Free all day parking around the back of the hostel.

What do I bring?

Dress for the weather, wear running or hiking shoes and bring water and camera. For Canyoning bring running shoes to get wet, swimsuit and waterproof camera. If you don't have one we supply a waterproof camera free of charge. We also have helmets fitted with Go Pro mounts.

Do you have a left luggage area?

Yes! you can leave your luggage with us.

What's included?

Our full day trips include all technical equipment (abseil gear, wetsuit, waterproof backpack, climbing shoes), lunch and transport from our office. We also include a waterproof camera for the group.

Is there an age limit?

We have had people from 6yo to 86yo participate in our adventures. Generally, we have a minimum age of 14yrs for the Summer Canyoning trips. If you have kids under this age please contact us to see if the canyon would be suitable.

Do I need to be fit?

You can get away with average fitness on most of our adventures apart from the Long Day Canyons. For these, you need better than average fitness.(if you're unsure please ask at the time of booking)

Is it weather dependant?

We still run Abseiling, Canyoning and Survival courses in light rain. We do need fine weather for Rock climbing.

Do you provide free car-parking?

Yes, free parking available.

Do you provide accommodation?

Yes, We are located inside the Blue Mountains YHA so we can provide accommodation at our doorstep. You can book under “Accommodation Packages” on our homepage.

Who are the guides?

Our guides are outdoor enthusiasts with a passion for taking others into our remote and beautiful environment. Minimum qualifications include Certificate 3 in Canyoning, First Aid and Bronze medallion. Between them, they have hundreds of years experience.

Do you cater to Private Groups?

Yes. We specialise in Bucks and Hens groups, workmates, and social clubs.

What if the trip I want to do is not scheduled in the calendar?

Please contact us and we will try to organise for you.

Do you cater for vegetarians?

Yes we do, please ask at time of booking

Can non-swimmers participate in Canyoning?

Yes, we have had non-swimmers successfully complete canyoning in the past. The waterproof backpack and wetsuit that we supply acts as a buoyancy device. Always contact the office for advice prior to booking.