

Your Family Emergency Kit

Are YOU Ready to Help Yourself ?

The worst thing about emergencies is they often happen when they are not expected. Some hazards can be predicted (like storms or hot days for bushfires), but many other hazards can impact on our everyday lives with little or no warning (House Fires, Car Accidents, Earthquakes, Terrorism).

By having a Family Emergency Kit, you are ensuring that your family is well prepared for a range of impacts that may require you to leave your house. If you do have to leave you may be away from the house for some time, so preparation is important. Even if you stay with your house during an emergency, being prepared can help the family survive and even enjoy the experience.

General Equipment:

- **Battery/Mains powered radio (with antenna) and one spare set of batteries.** Use this as your kitchen radio, test it once a week on battery and make sure you always have spare batteries in the Emergency Kit.
- **Torch, Candles and waterproof matches.** (try to have a torch and radio that uses the same batteries)
- **First Aid Kit and Manual** (keep this one in the emergency kit, don't use it everyday)
- **Medication list.** Due to the nature of medication it is not advisable to store a special supply in the emergency kit. Do have a list of any medication the family uses, including known allergies.
- **Toilet and Sanitary Supplies**
- **Playing Cards or Games**
- **Strong Sealable Plastic Bags** – A variety of Bags that can be used to pack valuable items in or to seal against water.
- **A List of Valuables you want to take** – eg Wedding Pictures, Baby Photos, jewellery.
- **A Copy of the Emergency Phone Contact List**
- **A Copy of this List**
- **A copy of your Family Emergency Plan**

Important Documentation

Make copies of the following and store them in a sealed plastic bag.

- Birth/Marriage Certificates
- Passports
- Drivers Licences
- Insurances (Car/Home/Contents/Life)

For each family member

- 2 days of clean underwear, including socks.
- 1 change of clothes
- Hat
- Suncream
- A book to read

WHAT HAPPENS NOW ?

In the event of you needing to leave your home you need to do the following:

- Pick up the emergency kit.
- Take Medications on List
- Take Mobile Phone and Charger.
- Collect the items on your Valuable List.
- Collect Pets.
- Check Neighbours and tell them you are leaving and where you are going.
- Follow the directions of Emergency Services.

These Items should be able to fit into a plastic box or small suitcase and stored in a cupboard in a hall or wardrobe. All Family members should be aware of the location and contents of the kit and should be able to remove it and carry it from the house or to a shelter in case of an emergency.

